

GastroVision

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Vipulroy Rathod
MS, FASGE

Director -
Endoscopy Asia
Consultant
Endoscopic Surgeon



Dear Colleague,

Greetings from the Team of Endoscopy Asia, Mumbai, India! It gives me an immense pleasure to introduce you all to our academic initiative in the form of a inaugural newsletter titled 'GastroVision'. The primary objective of this newsletter is to share with all our colleagues the developments and advancements in the field of Gastroenterology, Hepatology & Endoscopy at our Institute Endoscopy Asia on a regular basis.

I Vipulroy Rathod MS, FASGE, am the Chief Editor of 'GastroVision' and we have some eminent colleagues who have agreed to contribute. They together will bring their vast experience and expertise into this newsletter and help us assimilate a meaningful scientific manuscript.

Busy lives of medical professionals leaves, hardly any free time for them, to go through exhaustive manuscripts in several reputed journals. A plethora of diagnostic modalities and treatment options available, it can be very difficult for a clinician to decide which approach is optimal for his / her patient. We feel that this newsletter will fill the lacunae and help our colleagues to keep updated with recent advances in the fields described above. Few minutes of going through our newsletter will certainly provide the insight into the recent trends of diagnosis and treatment of several Gastrointestinal, Hepato- Pancreatico- Biliary pathologies in day to day practice.

As we all know, the last 3 decades has witnessed tremendous advances in the field of Gastroenterology, Hepatology & Endoscopy. It is our constant endeavor to keep abreast with the latest developments in these fields at our institute. This has given us a unique opportunity to compile some interesting case capsules for you from our vast archives of several thousands cases. We will make an attempt to be as comprehensive in our scientific contents as possible.

It also gives me great pleasure to share with you that Endoscopy Asia and our team has been immensely blessed by His Holiness Sadhguru Jaggi Vasudev, Founder of Isha Foundation. It has been a great beginning for Endoscopy Asia at the hands of Sadhguru in November 2008 and since then the growth has been unprecedented. We are extremely fortunate that Sadhguru has kindly consented to give his views on Spirituality through our newsletter. I am sure this will enrich our lives and give us all a new dimension to look at our life and work.

Our entire team would like to welcome you to visit our Institute Endoscopy Asia and it will be our pleasure to address any queries you may have pertaining to cases presented in our newsletter 'GastroVision'.

We hope to have your continued support in making our endeavor a meaningful scientific activity and to be able to reach out to all who are involved in patient care. We shall be extremely grateful to have your help in making 'GastroVision' one of the most educative and informative reading experience for all.

We eagerly await your interaction and feedback, please feel free to contact or write to us. I also take this opportunity to invite you all to visit our Institute Endoscopy Asia whenever you are in this part of Mumbai.

Namaskar from our team

Vipulroy Rathod MS, FASGE, Chief Editor - GastroVision
Director - Endoscopy Asia, Mumbai, India





“Where there is only teaching, there is adoration, there is worship.
Only when there is a method, there will be transformation.”

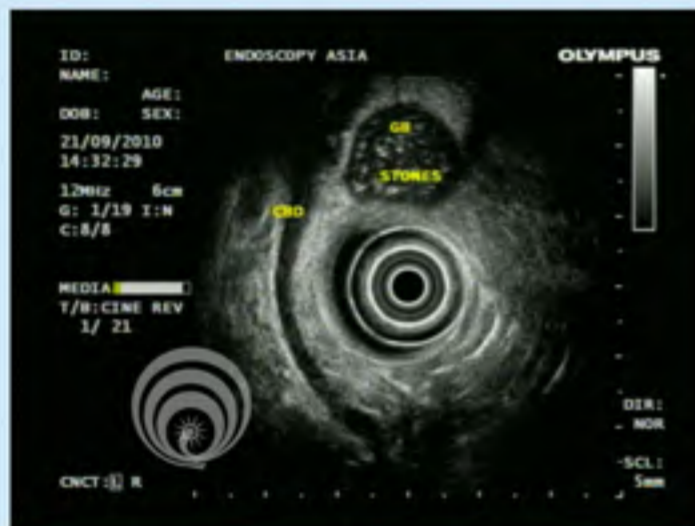
Sadhguru Jaggi Vasudev

Spiritual Master, Founder - Isha Foundation
www.ishafoundation.org

Endoscopy Case Capsule I

I EUS-ERCP Interface

A 46 yrs male was referred to us in favor of EUS sos ERCP in view of suspected CBD obstruction. All the imaging studies including MRCP showed a normal CBD and did not reveal any pathology that can explain mildly abnormal LFT. In the setting of multiple small stones in the gall bladder seen on USG abdomen, EUS revealed normal sized CBD with an small (4.0 mm) impacted stone in the prepapillary portion of the CBD. EUS showed distended Gall bladder with multiple small stones and imaging microliths. Pancreas and MPD appeared normal on EUS. In view of these findings ERCP was considered in the same sedation after EUS. After selective cannulation of CBD, cholangiogram showed normal sized CBD, a biliary sphincterotomy was then performed and the stone that was seen on EUS was extracted with a dormia basket and CBD was cleared. Patient was sent home the same evening on an OPD basis.



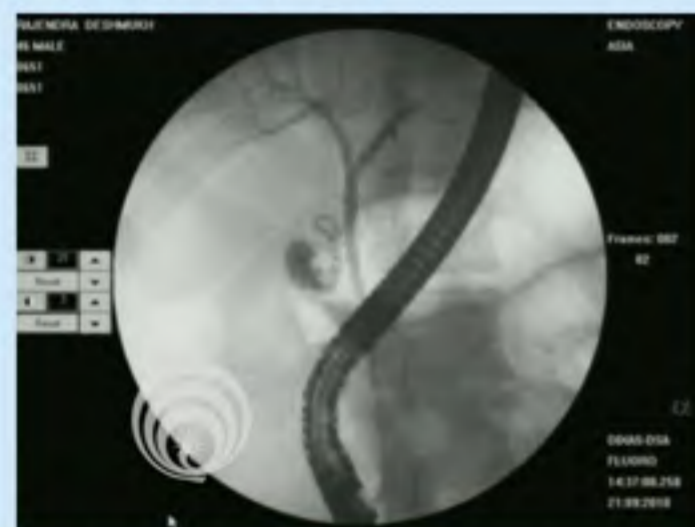
1. EUS showed normal CBD with multiple stones in the Gall bladder



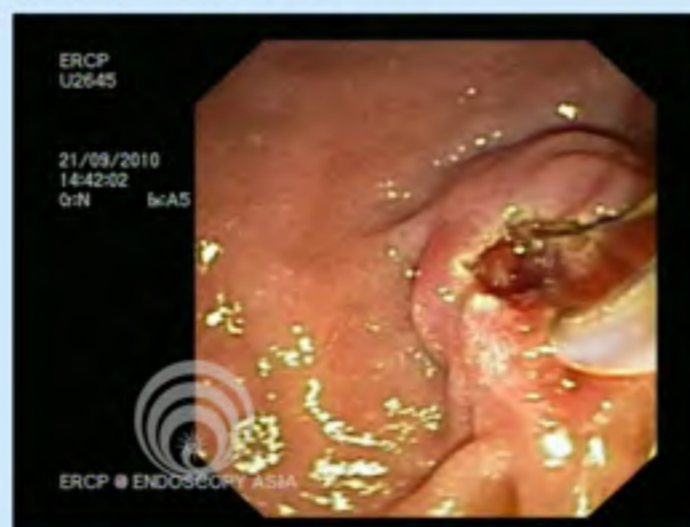
2. A small 4.0 mm stone was seen in the prepapillary portion of CBD



3. Selective cannulation of CBD was achieved



4. Cholangiogram revealed normal sized CBD



5. Biliary sphincterotomy was performed



6. A 4.0 mm stone seen on EUS was then extracted with dormia basket.

Expert comments:

As seen in this case when there is a LFT abnormality in the setting of gall stones and even when an MRCP is normal, one should consider EUS sos ERCP to be sure prior to laparoscopic cholecystectomy. It is our practice for over a decade now that any patient who has suspected CBD stone referred to us will be first subjected to EUS and only after a definitive diagnosis of the pathology, then only an ERC will be considered as a therapeutic intervention in the same sedation.

For a suspected CBD stone, ERCP cannot be justified for diagnostic purpose and should be avoided when we have other more reliable and less hazardous procedures such as MRCP or EUS are available for an accurate diagnosis. It is a policy at our Institute that whenever any pathology is suspected in the lower CBD and if there is no definitive diagnosis made on Trans-abdominal ultrasound then we would consider EUS straight away without any other imaging modalities as the diagnostic accuracy of EUS at Endoscopy Asia is in the range of 98-99%.

EUS-ERCP InterfaceTM 2011

Hands on EUS Training Courses in Mumbai - India

Dear Colleague,

India's first International EUS Symposium in 2005, was conducted by us, with hands on EUS training on animate models. Since then, there has been a great demand and regular requests for more such courses from our unit.

Therefore, our team at Endoscopy Asia & Dr. Rathod Medical Foundation after a hiatus of 5 years, have conceptualize the **first ever series of its kind - dedicated weekend courses on EUS-ERCP Interface**, which are dynamic, interactive, intensive, personalized, one-on-one, hands on EUS training.

Please kindly register early to avoid disappointment, as we have very limited registration due to the format and content of the course.

See you at Endoscopy Asia in Mumbai in 2011.

Namaskar from our team



Vipulroy Rathod MS; FASGE
Course Chairman, Director,
Endoscopy Asia, Mumbai, India.

**Pioneered
Pancreato-Biliary EUS
and Interventional EUS
in India and this
part of Asia.**



**Largest individual
experience in India of over
14,000 EUS
procedures.**

**Vast archives of
7000 video case capsules
of EUS / EUS-FNA / ERCP
for training**

Testimony

Kenneth Binmoeller, MD

Director, Interventional Endoscopy
California Pacific Medical Centre, San Francisco, USA

"Advanced training in Interventional Endoscopy is akin to an apprenticeship. The key ingredients to superlative training are an inspirational mentor and an abundance of diverse cases. Endoscopy Asia under the direction and expertise of Dr. Vipulroy Rathod offers such training. The educational experience is strengthened by a remarkable collection of EUS and ERCP case capsules. This makes Endoscopy Asia an ideal institution for all aspiring gastroenterologists and endoscopists for enhancing their knowledge and expertise in the field of advanced endoscopy."

Forth coming Courses in 2011

Limited registrations - Save your date.

June 2011	October 2011	December 2011
s m t w t f s	s m t w t f s	s m t w t f s
5 6 7 8 9 10 11	2 3 4 5 6 7 8	4 5 6 7 8 9 10
12 13 14 15 16 17 18	9 10 11 12 13 14 15	11 12 13 14 15 16 17
19 20 21 22 23 24 25	16 17 18 19 20 21 22	18 19 20 21 22 23 24
26 27 28 29 30	23 25 26 27 28 29 30	25 26 27 28 29 30 31

These weekend courses are conducted by

Endoscopy Asia[®]

Conference Secretariat Contact :

Purnima / Sonali - 9920096692 / 9820091763 / 9320091763

E-mail: euscouse@endoscopyasia.com

Supported by

Dr Rathod Medical Foundation

OLYMPUS

EUS-ERCP Interface[®] 2011 Course Objectives

Live demonstrations of over 20 cases of EUS / ERCP Hands On Training - On Simulators / Wet Models / Phantoms

- Introduction of training on animate models and phantoms
- Didactic lecture on Basics of EUS & ERCP Equipments & Accessories
- Discussion on indications for EUS SOS ERCP[®]
- Didactic lectures on various EUS techniques – Radial, Linear, Miniprobe, Intraductal & 3D EUS procedures
- Demonstrations of Radial EUS – Anatomical orientation
- Demonstrations of Linear EUS – Anatomical orientation
- Demonstrations of Luminal EUS – Esophagus, Stomach, Duodenum and Rectum
- Demonstrations of EUS indications in Mediastinal Pathologies
- Demonstrations of Various EUS – FNA techniques
- Demonstrations of ERCP – Advanced Biliary & Pancreatic Interventions Corroborative with EUS findings
- Demonstrations of Cholangioscopy & Pancreatocopy techniques Corroborative with EUS / IDUS findings
- Demonstrations of Advanced Therapeutic EUS procedures EUS Guided Coeliac Plexus Neurolysis (EUS – CPN) Pancreatic Pseudocyst Drainage, EUS Guided Biliary & Pancreatic drainage
- How to get your team involved for predictable procedural outcomes
- How to avoid / or manage various procedural complications
- Tips on Various aspects of Data Archiving and Processing

Testimonies from the March 2011 Course

"It has been the right choice and a wonderful and a great experience coming to Dr Vipulroy Rathod for EUS-ERCP observership. I have benefited immensely by attending the Weekend Hands On Training course of March 2011. Following that in this one month, I have seen a variety of extremely interesting, different and near impossible cases of EUS-ERCP Interface. Dr Rathod has a vast data base of such complex cases that one can learn so much by just being here even as an observer. Dr Rathod is a formidable teacher and I will certainly like to collaborate with him in the future and I look forward to coming back to him for further more advance preceptorship. I would like to thank Dr Rathod with deep gratitude for giving me the exposure to the world of EUS-ERCP Interface."

Professor Dr Salem Ajmi

Head of Department of Gastroenterology, Sahloul Hospital, Sousse, TUNISIA

"It has been a comprehensive EUS training course. Dr Rathod had kept an innovative endotrainer with actual tissues for EUS-FNA. Dr Rathod is the right person to train in Endosonography."

Dr Ajay Bhandarwar,

Associate Professor & Unit Head, Dept of Gastroenterology & GI Surgery
Sir J J Group of Hospitals, Mumbai, INDIA.

"Having spent a month after the March 2011 course with Dr. Rathod as an observer at Endoscopy Asia in Mumbai, I can honestly say that he is a leading light in India for interventional endoscopy. His EUS technique is fantastic and his teaching is the best I have experienced in my career to date. There is an incredible range of pathology that presents to his centre, and I truly believe that his approach, particularly with very appropriate use of EUS and ERCP, offers such patients the best care available for miles around. I have also gained a very good friend in my time here. I feel that Vipul could teach a lot to many of our North American colleagues."

Michael F. Byrne MD,

Clinical Professor of Medicine, Director of Endoscopy-
VHSC Gastroenterology Vancouver General Hospital/University of British Columbia,
Vancouver, BC, CANADA.

Endoscopy Asia[®]

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Telefax: 022 2404 4680, Emergency(9.30pm to 8.30am): 93200 91763 / 98200 91763,
E-mail: enquiry@endoscopyasia.com,

Intended Participants

This unique course is especially designed for Practicing Gastroenterologists, Endoscopists, Practicing Surgeons & Physicians performing Endoscopic procedures as well as Gastroenterology Fellows in DM / DNB training.

Delegates will have one-on-one interaction with the Faculty during live procedures in the Operating Rooms and supervised hands on training on simulators and phantoms.

This Newsletter is supported by

Dr. Rathod Medical Foundation



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*Caring with excellence...
...in Gastroenterology & Endoscopy*

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A Division of ERIS

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